

CFAES**DATES:**

Summer 2022
 Fridays: June 24, July 22,
 August 26, and September 4

TIME:

10:00–11:00 a.m.

LOCATION:

Uptown Green Park
 Next to ProMedica Ebeid Center
 1806 Madison Ave,
 Toledo, OH 43604



**THE OHIO STATE
 UNIVERSITY**
 EXTENSION

LUCAS COUNTY PRESENTS***Connect with Nature in the City***

Inspired by mindful walking opportunities in other Ohio cities, OSU Extension, Lucas County is pleased to host a four-part series to connect with nature in the city.

What to expect: We will meet outdoors at Uptown Green for a short lesson on nature and our wellness and then take time to walk and experience nature at this 2.5 acre urban park. It is open to all ages.

Wear: comfortable shoes and clothing, sun protection.

Bring: a bottle of water or buy a cold drink at Market on the Green

Weather dependent: if the weather is not cooperative (storms, etc.) we will cancel. Please register (link below) so we know to look for you and to contact you if it will be cancelled.

For more information, visit lucas.osu.edu
 Patrice Powers-Barker, Family and Consumer Sciences (FCS)
powers-barker.1@osu.edu or 419-574-0983



REGISTER: go.osu.edu/NatureHealth