

Salad Garden



Benefits of the salad garden:

- Like cooler weather (good to grow in Ohio in the spring and fall)
- Do not take up too much space
- Can grow in the ground, raised beds, or containers
- Fresh, tasty, easy to grow

Would not recommend a salad garden in Ohio if it's...

- Growing in the middle of the hot summer (see description of cool season crops below)
- Growing within easy access for bunnies to eat

Cool season crops are plants that not only prefer, but also thrive during cooler temperature growing conditions. When the weather becomes too warm, the cool-season crops often bolt. Bolting is another way to say that a vegetable plant has started to flower or go to seed.

Cool season crops can be planted before May in the springtime and after July in the summer for a fall harvest. For more details on when to plant, read the seed packets or learn more through your local Ohio State University Extension office extension.osu.edu/lao#county

A few examples of cool season plants for the Salad Garden:

- Lettuce
- Spinach
- Other leafy greens like chard, mustard, kale, arugula, beet greens and turnip greens
- Radishes
- Snow Peas
- Fresh herbs

For more information: lucas.osu.edu/vegetable-gardening