

# Make Your Garden Grow

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OSU Extension Lucas County is growing with you! Watch these planters for signs of growth-vegetables, herbs, and edible flowers!

Learn more about gardening and nutrition at:

[lucas.osu.edu/makeyourgardengrow](https://lucas.osu.edu/makeyourgardengrow)

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Share on social media: #growiteatit  
#youwillgrowbetterintoledo  
#itmatterswhereyoumakeit  
#makeyourgardengrow

**CFAES**

# Peas

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Peas are a cool-season vegetable. Varieties include garden peas, snap peas, and snow peas. A trellis is used to support the vines.

**When to Plant:** Early Spring (April)

**Days to Harvest:** 55 to 65 days, pick when pods appear round

**Storage & Use:** Store fresh peas in the refrigerator, use within 2-3 days of picking

**Nutrition:** Garden peas are a good source of Vitamin C, fiber, and protein

**Recipe Ideas:** [lucas.osu.edu/makeyourgardengrow](https://lucas.osu.edu/makeyourgardengrow)