

Local Foods, Lucas County

Connecting Farms, Health, and Community

Senior Farmer's Market Nutrition Program (SFMNP)

What is Senior Farmer's Market Nutrition Program (SFMNP)?

The SFMNP provides low-income seniors with coupons that can be exchanged for eligible foods at farmers' markets, roadside stands, and community supported agriculture (CSA) programs. Eligible older adults will receive ten \$5 coupons valid until October 31, 2016.

Who is eligible for SFMNP benefits?

In order to participate, the individual must meet the following requirements:

- Be 60 years or older by June 1, 2016
- Be a resident of Lucas county or surrounding Ohio counties
- Have an annual income of not more than 185% of the Federal poverty income guidelines:
 - \$0 - \$21,978 if you live alone
 - \$0 - \$29,637 for a household of two

Applications are available from:

- Area Office on Aging 2155 Arlington Ave. Toledo, OH www.areaofficeonaging.com
SFMNP Hotline 419-382-0624 ext. 2227
- OSUE Lucas County One Government Center Suite 550 Toledo, OH
www.lucas.osu.edu 419-213-2008
- Most senior centers in Lucas County



How do I use my coupons in Lucas County?

2016 coupons should be mailed out in mid-June, in time for the local harvests in July, August and September. Participants can choose from a variety of great fruits and vegetables, including apples, corn, zucchini, cabbage, tomatoes and more! Honey and fresh herbs are also eligible for purchase with SFMNP coupons.

Your coupons are welcome at many local venues, including the Toledo Farmers Market (and satellite locations including Westgate parking lot), Sylvania Farm Market, Perrysburg Farm Market, and several local farms and farm markets. A list of available vendors is included in your coupon packet.

For ideas on storing and preparing local produce, visit go.osu.edu/LucasLocalFoods