

When making food decisions, many people consider where their food was grown or raised and make an effort to develop personal connections with growers and producers to enjoy flavorful, safe, local food. Ohio Local Foods week is not only about enjoying the tastes of local foods but is also about becoming more aware and better informed about the nutritional, economic, and social benefits of local foods in Ohio.

OSU Extension- Lucas County encourages everyone to celebrate Ohio Local Foods Week from August 4-11, 2018. We encourage individuals, families, businesses and communities to grow, purchase, highlight and promote local food all the time but especially during this week.

You are invited to participate in the Ohio Local Foods Challenge by highlighting your local foods purchases, garden harvests, home food preservation, or locally sourced prepared dishes from your kitchen or favorite restaurant.

Show us your food story! Upload pictures of your local foods on social media and use the hashtags #localfoodsOH #localfoodchallenge





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