

SNAP Gardens

What is the SNAP Gardens program?

SNAP EBT benefits (food stamps) can be used to purchase food-producing plants and seeds (vegetables, herbs and fruits) for use in home or community gardens.

Where can I use my EBT card to purchase plants and seeds?

Any authorized SNAP retailer can sell food-producing plants and seeds, but not all do. The following authorized SNAP retailers may sell food-producing plants or seeds in Lucas County:

- Toledo Farmers Market (open year-round) www.toledofarmersmarket.com 525 Market St, Toledo, OH 43604
- Toledo Westgate Farmers Market (Open Mid-May to October) 3301 Secor Rd, Toledo, OH 43606
- Big Lots, Family Dollar, Dollar General, Dollar Tree, Food for Less, Kroger, Meijer, Save-a-Lot, Seaway Marketplace, Walmart grocery stores (call your local store for availability)

I have some plants or seeds, now what?

OSU Extension has a wealth of information to help gardeners.

- Visit our Lucas County website for multiple gardening resources online. https://lucas.osu.edu/vegetable-gardening
- *Ohioline* provides fact sheets on food, gardening and so much more! http://ohioline.osu.edu
- Ask a Master Gardener Volunteer Online Submit your landscape, yard, and garden questions. go.osu.edu/askmgv





 Lucas County Master Gardener Horticulture Hotline is available to answer your questions from April through October.

Mondays & Wednesdays, 10 am -1 pm. 419-578-6783

Email: lucascountymastergardener@gmail.com

What other resources are available?

You can find many books in the Toledo-Lucas County library system on gardening and cooking fruits and vegetables. Here are some suggested titles:

- All New Square Foot Gardening by Mel Bartholomew
- Beginner's Illustrated Guide to Gardening by Katie Elzer-Peters
- The Kitchen Garden Cookbook by Caroline Bretherton

USDA's MyPlate Kitchen has thousands of low-cost recipes for SNAP participants.

https://www.myplate.gov/myplate-kitchen

Contact your local extension office for more recipes and nutrition information:

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