



Dine In! Celebrating Family & Consumer Sciences

Be part of the national event by eating at home:

- **Make the pledge** to prepare and enjoy a simple, family meal together. Visit the American Association of Family & Consumer Sciences at <http://bit.ly/FCSdaypledge> . **Sign up:** yourself and family or your group to dine in on FCS Day, December 3rd (or the week of December 3rd)
- **Make it Easy: *Dine In*** with your family, friends or neighbors the week of December 3rd. Enjoy! Remember, “Dine In” is designed to be simple. Make the meal easy and fun. This year’s theme is “Neighbors as Family”
- **Post your Story, Pictures and/or Menu** online. If you share your photo on social media use the ***national hashtag*** #FCSday and the ***local hashtag*** #LiveSmartLucas. Follow us on Facebook and share your photos at [The Ohio State University Extension, Lucas County](#) (national and local drawings for prizes for those who post)

#FCSday

#LiveSmartLucas

For information in Lucas County, visit lucas.osu.edu/dinein or email: powers-barker.1@osu.edu)



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

**OSU EXTENSION LUCAS COUNTY
FAMILY AND CONSUMER SCIENCES**

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