

FAMILY AND CONSUMER SCIENCES

Lucas County

Fall 2020 Virtual Classes

Now Scheduling Online Classes from October through December 2020

Topics:

- Introduction to Mindfulness
- Declutter Your Living Space
- Meal Planning for Families
- Designing a Household Spending Plan
- Slow Cooker Basics: Nutrition and Safety

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- Classes will be scheduled for one hour (with the Zoom opening 15 minutes prior to the start of the lesson)
 - Please schedule at least two weeks out
 - OSU Extension often works with community partners. For these classes, we ask for at least ten committed participants but can easily open the class for more.

Please contact Patrice Powers-Barker, Extension Educator, Family & Consumer Sciences, powers-barker.1@osu.edu or 419-574-0983



THE OHIO STATE UNIVERSITY

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