## PLEDGE TO THE AMERICAN FLAG

I pledge allegiance to the United States of America and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

## 4-H PLEDGE

I pledge
MY HEAD to clearer thinking
MY HEART to greater loyalty
MY HANDS to larger service, and
MY HEALTH to better living for my Club,
my Community, my Country, and my World.

Members raise their right hand to their forehead when they say,

"my head to clearer thinking";

they lower their hand to their heart as they say,

"my heart to greater loyalty";

they extend their hands, palms upward, as they recite

"my hands to larger service";

and at the line, "my health to better living",

they stand at attention with their hands at their sides and remain in that position until the close of the pledge.

## 4-H MOTTO

"To Make the Best Better"



