



Lucas County 4-H Camp

Saturday July 27 – Tuesday July 30, 2024



Please visit: lucas.osu.edu/4Hcamp for more information.

About 4-H Camp Palmer...

4-H Camp Palmer, located in Fulton County, near Fayette, Ohio. The camp's 157 acres are adjacent to Harrison Lake State Park.

4-H Camp Palmer is privately owned by 4-H members in 11 Northwestern Ohio counties and has a proud heritage and tradition of wholesome educational and recreational activities.

Campers live in cabins near the central area of camp. Each camper has their own bunk and area for personal belongings. Each cabin has well-trained camp counselors. Friends may request to stay in the same cabin. Home-style meals are served in the dining hall. Three meals and an evening snack are the tradition at camp.

All camp activities are held in various facilities, including the Craft Hall, Nature Lab, multi-purpose Recreation Hall, Adirondack shelter and Dining Hall. Recreational activities take place on the sports field, sand volleyball court, tennis court, basketball court, miniature golf course and archery range. Campers swim in the Olympic-sized pool.

Typical Daily Schedule

7:15am	Rise & Shine
7:50am	Flag Raising
8:00am	Breakfast
9:00am	Cabin Clean-up
9:30am	Camp Class 1
10:45am	Camp Class 2
12:00n	Lunch
1:00pm	Rest Period
2:00pm	Camp Class 3
3:30pm	Camp Class 4
4:30pm	Open Rec
5:00pm	Dinner
7:00pm	Evening Activity
10:00pm	Snacks & Showers
11:00pm	Lights out

Registration Information:

Age: 8 – 13 years of age. Campers must have completed the third grade through completion of the eighth grade.

Registration Dates:

4-H Members:

Opens April 1st

Non 4-H Members:

Opens April 15th

Deadline to register is June 7 or until camp is full.

Registration Link:

go.osu.edu/lucas4hcamp24

Camper Cost:

Per youth \$180
Second sibling \$170
Third Sibling \$160

(No registrations will be accepted after June 7th)

Payment collected via cash or check. Checks payable to "OSU Extension Lucas County".

Refund Policy:

No registration refunds will be issued after June 7th. ALL additional session fees, including high ropes and shooting sports, are NON-REFUNDABLE.

Health Forms:

Health forms must be completed and submitted online via email invited survey 6/10-6/14.

Scholarships:

Thanks to the Lucas County Tractor Supply Locations there are partial camp scholarships available. These applications are due May 31st. Please email Soffee.1@osu.edu for an application.



Themed Activities:

The camp counselors pick a theme each year and plan themed camp activities.

Some of these activities include:

- Campfires
- Recreational dancing
- Water Carnival
- Land Carnival

Challenge by Choice Course:

In 1990, 4-H Camp Palmer added an exciting, new, outdoor adventure challenge course. All campers will have the opportunity to participate in the Challenge by Choice Course, also known as Team Building!

The adventure challenge course is perhaps one of the most effective methods in helping campers increase self-confidence, develop leadership skills, discover the power of group cooperation, and learn how to view obstacles as opportunities for growth. The course consists of two parts; an on-the-ground low-balance, trust, and initiative problem solving course.

High Ropes Course:

The high ropes course is a series of aerial log, rope, and cable obstacles 20 feet off the ground. Campers participating on the high elements are at all times "on belay", a safety tie-in system utilizing ropes and cables. Under the supervision of properly trained instructors, this system provides a safe and challenging experience for each camper. Because of the design of the high ropes course, participation in this activity must be limited to campers 4'10" and taller. This is a 4-hour experience.

Guidelines: Because of the design of the high ropes course, participation in this activity must be limited to campers who meet the following guidelines:

- 1) Must be 12yo or older.
- 2) Need to be able to reach the cables, which are approximately 6' 2".

Rotational Sessions:

Throughout the week there will be an opportunity for campers to choose the activities they would like to participate in. Some of these activities include Swimming, Crafts, Nature Hikes, Canoeing, Archery, Line dancing, Zipline, Putt-putt, Basketball & Shuffleboard.

Choose Your Own Activities:

Campers will have the opportunity to attend 4 activities of their choosing. When Camp Registration is completed, campers will rank activities by their interest. Our office will do their best to place campers in the top choices.

Shooting Sports Program

There will be a rifle shooting sports class offered during 4-H Camp. Cost is **\$30.00** per camper. The class is two hours and limited to 15 campers for two sessions (30 campers total). Must complete an Ohio 4-H Shooting Sports permission statement and Emergency Medical Form.

Refund policy: No refunds.

High Ropes Registration:

Must pre-register via online camp registration and pay **\$30.00**. Space is limited to 25 youth per session.

Refund policy: No refunds. 4-H Camp Palmer contracts with staff to provide this experience.

Winning Plan

Accommodations can be made for youth with disabilities through our Winning 4-H Plan. For more information email Jess at Soffee.1@osu.edu

Sign-Up: Campers may sign up via online camp registration.

Please contact 4-H Educator Jess Soffee at 419-574-0976 or Soffee.1@osu.edu

For more information visit <https://lucas.osu.edu/4Hcamp>

