Dear Campers:

We’re happy that you’ll be joining us this summer for 4-H Camp week at Camp Palmer! Camp Palmer is located at 26450 County Rd MN, Fayette, OH. This year’s camp runs from July 27- July 31. We can’t wait to see you there!

Your days at camp will be filled with activities that will teach you, challenge you, and help you grow inside! The awesome staff at Camp Palmer will offer you non-stop opportunities to enjoy the camp pool, play games, build archery skills, climb rocks, fly through the air, canoe & kayak, make crafts, and more! At night, your 4-H counselors will lead you in some exciting programs and games. Plus, you’ll enjoy traditional 4-H camp favorites – campfires, a night of fun and friendly competition, and a dance!

### EVENING PROGRAMS

A unique program has been by our team of counselors planned for each night of this year’s camp.

**Sunday night (7/28)** The Water Carnival! A night of fun and exciting competition, completely taking place in the pool. It’s a great way to cool off after a long day.

**Monday night (7/29)** Get your groove on at the Winter Wonderland.

**Tuesday night (7/30)** will feature a closing campfire with campfire stories, skits, and maybe even some new traditions as we close a great week of camp!

### 2019 COUNSELOR TEAM

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
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<tbody>
<tr>
<td>Madeline Bumpus</td>
<td>Isaiah Pugh</td>
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<tr>
<td>Makaela Ourso</td>
<td>Danil Lichtensteiger</td>
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<td>Elizabeth Cox</td>
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<td>Haylee Troutman</td>
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### CHECK-IN PROCEDURES

Your first order of business at camp will be check-in. During check-in, you will...

- Turn in paperwork (if you have any left to submit).
- Get signed in by the adult dropping you off.
- Learn which cabin you’ll be staying in.
- Designate up to two individuals who will be authorized to pick you up at the end of camp week. (These individuals will have to show photo identification at checkout. Please advise them of this.)
- Turn your medications in to the camp first aid staff.

Then, you will take your belongings to your designated cabin, meet your cabin counselors, and begin to settle in. Shortly after, we’ll all meet up for a Camp-wide meeting and you’ll participate in cabin meetings with your counselors.
A TYPICAL CAMP DAY...
Camp days start at about 7 a.m. daily and end with lights out between 10 and 11 p.m.

Each morning starts off with a delicious breakfast, and announcements. Then, there’s a little time to get dressed for the morning’s activities and clean cabins. The majority of the morning is spent in a “camptivity” or activity area.

After lunch, campers choose one or two additional camptivities to participate in. The number of camptivity periods varies depending on what is planned for the evening.

Camptivities vary each day (and sometimes from morning to afternoon). This gives campers lots of different options to choose from. Camptivities include things like: canoeing, kayaking, archery, rock climbing, flying squirrel, doing challenge hikes, swimming, playing games, and doing crafts.

There’s a rest period after lunch each day (AKA “boots off”), and an open swim for the whole camp to cool off in the middle of the afternoon.

Following dinner each night, campers return to their cabins to get dressed for evening activities. Evening programs are led primarily by county 4-H counselor teams. Each evening program includes a snack.

STILL HAVE QUESTIONS?
Contact Elliott Lawrence, Lucas County 4-H Educator at: lawrence.638@osu.edu or 419-213-2016
**NO LEAVE POLICY**
Campers are not allowed to leave camp for activities such as ball games, etc. This is in accordance with camp policy.

**NO PHONE POLICY**
While at camp, campers will not be allowed to call home or accept calls from home unless there is an emergency. Campers are absolutely prohibited from bringing cell phones to camp with them. Phone communication with home increases the risk of homesickness both for campers making the calls and campers watching calls be made. If cell phones are discovered, they will be confiscated. Please respect this rule as it is made for the safety of all campers.

**TIMES TO BE AWARE OF**
Camper check-in on July 27 will be from 6-7p.m. Campers should eat dinner before traveling to camp. Dinner will not be provided that evening. However, a snack will be served.

Camper check-out on July 31 will be from 11am-12noon.

**BRINGING MEDICATIONS?**
Be aware that all medications brought to camp will have to be directly turned in to the camp first aid staff during check-in.

Please package medications in zip-style bags with the camper’s full name clearly written on the outside in permanent marker. If the medication requires refrigeration, please say this on the bag, as well. If you have multiple medications for one camper and some require refrigeration, but others do not; please pack two bags to keep them separate. Please put a brief note of explanation inside each bag confirming what conditions the medicines have been prescribed for.

Our camp first aid staff will have basic medications and ointments available at the first aid station for campers that need them. This includes anti-itch lotions, aspirin, Tylenol, antihistamine, etc. Please do not send such medications to camp with your child. Of course, these types of remedies will only be used for your child if you have given your permission on the Medical Form.

**WHAT TO BRING...**
Limit belongings to one suitcase or duffel bag and one sleeping bag. Sheets are okay, but sleeping bags are preferred, since you will be invited to sleep out one night under the stars.

**ITEMS NEEDED:**
- Sleeping bag OR sheets and blanket
- Pillow
- Towels (for bathing and swimming)
- Sweater or Sweatshirt
- Both long and short-sleeved shirts
- Shorts and long pants
- Sandals with back strap (for showering and swimming)
- Two pairs of closed-toe shoes or boots
- Old clothes and extra shoes (to wear in the river)
- Underwear and socks
- Pajamas
- Rain gear
- Swimsuit
- Medications and toiletries
- Bug repellant (not spray)
- Sunscreen (not spray)
- Spending money in small bills ($5.00-$15.00)

**OPTIONAL ITEMS:**
- White T-Shirt for tie-dye
- Old Shoes (that can get wet) for Wetland Study
- Paper, pencils, envelopes, stamps
- Addresses of friends and family
- A camera
- Quiet activities (cards, books, puzzles, etc.)
- A Small fan
- BE SURE TO LABEL ALL OF YOUR ITEMS WITH YOUR FULL NAME!

**DO NOT BRING:**
- Flip flops, jewelry, personal snacks, radios, electronic games, pocketknives, high value items, or chewing gum.

Be aware that campers’ belongings will be discreetly checked over the first night of camp. Any items that are deemed inappropriate for campers to keep in their cabins will be taken from them. They will be returned to parents/guardians (if present at the time of the search) or may be picked up by an adult at the conclusion of camp at the checkout table.

It is our intention to take every step possible to insure the safety of our campers and the well being of their “stuff.” We ask that parents and guardians help us in this endeavor by checking over their campers’ belongings and discussing proper treatment of others’ belongings before coming to camp.
We are excited to tell you about our continued partnership with Bunk1, allowing you to send “Bunk Notes” throughout the summer. Using a secure login, you’ll be able to send a “Bunk Note” to your camper at any time of the day and it will be delivered with the regular mail the very next day. No need to wait for USPS to deliver - Bunk1 makes it easy to communicate with your child!

GET STARTED TODAY!

RETURNING PARENTS

☐ Go to www.bunk1.com
☐ Enter your email address and password in the space provided.

NOTE:
- You are logging into the same account that you used last year. If you have forgotten your summer password, click “Need to reset your password?” You will be prompted to enter your email address and will be sent a link to reset your password. If you do not receive an email, please also check your spam folder.

NEW PARENTS

☐ Go to www.bunk1.com
☐ Click the link for “Need an Account or have an invitation code”
☐ Complete the basic form to create your account. You will be asked to enter an “Invitation Code”. Please use the following code: 4HPALMER

NOTE:
- For your camper’s safety, please do not share the invitation code above.

SENDING BUNK NOTES

Step 1: Purchase a “Family Bundle” or “Bunk Note Credits”. A Bunk Note Credit costs $1 and packages of various sizes are available.

You have the option to enhance your Bunk Note by attaching photos, adding baseball box scores, Sudoku Puzzles, borders, or twitter feeds. Please note that adding these features will utilize additional credits.

Step 2: Send your note. Select your camper’s name and the correct cabin, type in your message, then hit the “Send Bunk Note” button. Every 24 hours, camp will receive a pre-sorted PDF of all the sent Bunk Notes.

FREQUENTLY ASKED QUESTIONS:

Can other relatives use these services?
Absolutely! As soon as you login, you will notice a button under the heading “Quick Links” to “Invite Family Members”. Click that button, enter their details and they will be sent an email. PLEASE NOTE: this will prompt them to set up their own account. It does not provide them access to your account OR your Bunk Note Credits.

Accessing Bunk1 from a mobile device?
The Bunk1 website is mobile optimized. For your convenience, add our Bunk1 icon to your iPhone home screen. To do so, open Safari, go to www.bunk1.com, then tap the “Share” button (blue square with an arrow pointing upward on the toolbar). Tap “Add to Home Screen” and Bunk1 will be as accessible as your native apps!

Questions or Problems? Please call Bunk1 at 1-800-216-9472 or email support@bunk1.com

Google Chrome is the preferred web browser for using the Bunk1 System. You can download Google Chrome for free by visiting: www.google.com/intl/en/chrome/browser/.